

24 Hour Gear List, 32F, Hiking	James D. Marco	FSO: in ounces 264.35
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Clothing System	113.00
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Pants/shirt	nylon/poly	Convertible pants/Long sleeve shirt	23.1	
Base layer pants/shirt	merino wool	light weight	10.2	
Sweater	75%nylon 25%wool	long sleeve-light	14.8	
Hiking Shoes	mid-height	9-1/2 W	46	
Staff	Graphite	45", MYOG	4.8	
Breifs	cotton		3.2	
Socks	merino wool	Thigh hikers	4.2	
Bandana	cotton	2, 1 for toilet, 1 for cooking	1.4	
Hat	felt	medium-brown	5.3	

Shelter System	14.20
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Tarp	silnylon	MYOG, ~9'6x9'6"	13.2	
stakes	titanium	5, shepherds hook	1	

Sleep System	23.50
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Sleeping Bag	down	40F bag	19	
Pad-foam	egg crate/nitrogen	3/4 R2.2, pack frame	4.5	

Warm/Rain Clothing System	18.00
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Sweater	down	medium	12.4	
Rain/Wind Jacket	nylon		5.6	

Pack System	10.70
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Pack	nylon-spinnaker	~2800ci	8.5	
Dry bag	nylon	food, 6x14	2.2	

Cooking System	6.20
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Pot	aluminum	1.9L	4.25	
Lid/heat trap	aluminum foil	HD 16x16	0.1	
Windscreen	aluminum foil	HD 8x24, doubled	0.1	
Lighter	butane	disposable	0.75	
Stove	aluminum	can stove, side burner	0.6	
Spoon	titanium	long handle	0.4	

Bear Bag System	2.70
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Bear line	nylon/fiberglass	45' w/small caribiner	1.2	
Ditty bag	nylon mesh	4"x6" rock bag (stuff sack: first aid, misc.)	1.5	

Navigation System	0.70
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Compass	plastic	flat, 2"	0.6	
Map	paper copy	in snack bag, 3.25x6.5	0.1	

Misc	8.20
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Car Key	van	fitzall key	1	
Duct Tape	plastic	~2' rolled on pencil	2.4	
Identification	drivers license	with passport, fishing license, in with map bag	0.1	
Knife	stainless steel	2.5" (in pocket)	3.5	
Light	plastic, 3 LED	emergency, waterproof + red LED	0.75	
Soap	liquid	1/4 full, 1/4oz bottle.	0.2	
Toothbrush	plastic	soft	0.25	

First Aid System	0.40
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4 pills	diabetes	prescription in small container	0.4	
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Consumable System	66.75
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Food	various items	coffee, cocoa, oatmeal, rice, jerky, etc	20	
4oz alcohol	marine fuel	in 12oz water bottle	4.5	
Insect Repellent	DEET	*100%, repackaged into 1/4oz bottle	0.5	
Water	2 bottles	recycled water bottles	41	
Water Treatment	Liquid	2, 1/4oz bottles	0.75	